



Toolbox TALK

EMERGENCY PREPAREDNESS

Daily news reports are full of disaster examples. Wildfires, floods, hurricanes, and blizzards are routine occurrences. When disaster strikes, the people who survive are those who prepared. Unprepared people become victims and rely on emergency assistance from the minute the disaster event begins, while prepared people are ready and equipped to cope immediately.

Having a well-equipped emergency kit is a critical step in the emergency response process. Consider keeping the following items in your kit:

- A three-day water supply; one gallon per person, per day is sufficient for drinking and basic hygiene
- Non-perishable food that doesn't require cooking; choose healthy and calorie-dense food to economize space and keep weight down, and include a can opener
- A basic first aid kit
- A flashlight with extra batteries
- A cell phone with extra batteries or portable chargers
- A wrench or pliers to turn off utilities
- An emergency radio operated by hand crank and/or batteries
- Bags, hand sanitizer, moist towelettes, and paper towels for personal sanitation.

Augment your basic emergency kit with additional supplies based on your specific situation, local weather, family needs, and any medical conditions.



Date:

ATTENDANCE RECORD

SUPERVISOR:

CREW MEMBERS PRESENT:

COMMENTS/FEEDBACK: